

NUTRITION FACTS

Serving per Pack/Container :

Serving Size :

	Amount per Serving	%Daily Value*
Calories Kcal	340	
Total Fat g	1	1 %
Saturated Fat g	0	0 %
Trans Fat g	0	
Cholesterol mg	0	0 %
Sodium mg	55	2 %
Total Carbohydrate g	64	23 %
Dietary Fiber g	10	36 %
Total Sugar g	0	
Including Added Sugar g	0	0 %
Protein g	18	
Vitamin D mcg	0.0	0 %
Potassium mg	1970	42 %
Calcium mg	375	29 %
Iron mg	75.2	418 %

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.